





# OFFER OF MASSAGES AND TREATMENTS

At Wellness & Wine Hotel Volarik, you'll find the perfect place for absolute relaxation and rejuvenation. Our thoughtfully designed wellness area offers you a space to unwind and recharge. Our team of therapists will gladly take care of you, guiding you through the art of relaxation.

They will advise you on how to properly set up your regeneration process in the wellness area, recommending the right combination of massages and rejuvenation techniques.



# MASSAGES

#### Volarik massage

The Volarik massage combines sports and regenerative techniques, providing personalized care. The therapist adjusts the pressure and focus on muscles according to the specific needs of the client. This method promotes relaxation, relieves tension, and regenerates muscles, making it ideal for those seeking a personalized approach to physical well-being.

30 min 850,-50 min 1490,-

#### Aromatherapy Massage

Aromatherapy massage combines massage techniques with the use of essential oils for overall well-being. Clients typically choose from a variety of oils based on their preferences and needs. The therapist then applies these oils using specialized techniques that help relieve stress, relax muscles, and improve mood. This method offers comprehensive care for both physical and emotional well-being, making it ideal for those seeking a personalized and relaxing experience.

30 min 950,-50 min 1590,-75 min 1890,-

#### Indian Head Massage

Indian head massage, known as champi massage, specifically targets tension in the head, neck, and shoulders. It employs pressure, friction, and gentle tapping to promote blood circulation, relax muscles, and provide overall relaxation. This oil-based massage brings physical ease and mental relaxation, helping to reduce stress and enhance well-being.

30 min 850,-

#### Wellness foot massage with reflexology elements

Wellness foot massage with reflexology elements combines classic foot massage with reflexology. During this therapy, pressure points on the feet connected to various parts of the body are targeted, which not only relaxes muscles and improves blood circulation but also enhances overall well-being and relaxation.

30 min 850,-

## Therapeutic massage with vacuum cups

Therapeutic massage with vacuum cups utilizes special glass or plastic cups with suction applied to the skin. This method improves blood circulation, releases muscle tension, and supports tissue regeneration. Cups are placed on areas of tension or pain, and as they are moved, they create a pressure massage effect. This therapy is effective for reducing muscle tension, improving skin elasticity, and promoting overall body regeneration.

30 min 850,-

## Hot stone massage with lava stones

HOT STONES massage utilizes heated lava stones placed on key points of the body. The warmth penetrates the muscles, releasing tension and increasing circulation. The massage therapist also uses the stones for massage, providing a combination of heat and pressure for relaxation and harmony. Ideal for reducing stress and improving overall well-being.

40 min + 10 min relax with lava stones 1590,-



# **PROCEDURES**

#### Facial treatment

In an intimate skincare setting, we begin by alleviating stress. Clients undergo facial cleansing using cotton pads infused with rose oil and rose water. A harmonious facial and décolletage massage with rose oil, coupled with a hand massage using shea body milk, provides relaxation. A bioactive facial mask revitalizes the skin, followed by the application of rose cream for a radiant complexion. Clients leave not only with beautiful skin but also with a profound sense of relaxation.

45 min 1450,-

# Maderotherapy (Anti-cellulite cinnamon treatment with wrap)

Maderotherapy is a therapeutic method utilizing wooden tools for body massage and shaping. Originating from Latin American tradition, this technique combines pressure points, friction, and rolling with wooden tools to enhance circulation, reduce cellulite, and sculpt the body. Maderotherapy has become popular due to its effectiveness in contouring and improving skin texture.

45 min 1450,-

#### Detoxifying honey massage

Detox honey massage is a therapeutic procedure using high-quality honey to support detoxification and body relaxation. The therapist applies honey to the skin and performs specific movements that promote the release of toxins from the body. This massage aims to stimulate circulation, support the lymphatic system, and improve skin condition. Honey massage is popular for its detoxifying properties and its ability to provide clients with a deeply relaxing experience.

45 min 1450,-

# BATHING

# Romantic wine bath (for 2 persons)

The relaxing escape begins with a 15-minute session in the sauna to gradually awaken the body. This is followed by a 60-minute wine bath infused with grapeseed extract, combining body strengthening with mind harmonization. In the midst of this relaxation, a bottle of wine becomes the perfect complement, enhancing the overall relaxation experience.

75 min 2190,-

# Lavender bath (for 2 persons)

Begin your relaxation ritual with a 15-minute session in the sauna, allowing your body to unwind and prepare for rest. Then immerse yourself in a 60-minute lavender bath, where the soothing aroma of lavender calms the mind and induces deep relaxation in the body. To achieve perfect serenity, enjoy a bottle of wine that complements your experience. This combination of warmth, fragrance, and delightful wine creates an unforgettable moment of relaxation and rejuvenation.

75 min 2190,-



# COUPLES' PROCEDURES IN PRIVATE WELLNESS

#### Wine couples therapy

The wine couples therapy experience lasts 150 minutes and offers the perfect blend of relaxation and comfort. Begin with a 20-minute rejuvenating scrub, followed by 60 minutes of relaxation in a private room with sauna and bath. Unwind with a 50-minute massage using grape seed oil, and then enjoy 20 minutes of peaceful rest. To complete this therapy, a bottle of Prosecco is included in the price.

150 min 5900,-

#### Lavender couples therapy

Immerse yourself in a 150-minute lavender couples therapy, beginning with a rejuvenating 20-minute lavender scrub. Followed by 60 minutes of relaxation in our exclusive private room with sauna and bath, complemented by a 50-minute soothing lavender massage. After these luxurious treatments, enjoy an additional 20 minutes of peace and relaxation. And to fully enhance your experience, a bottle of Prosecco is already included in the price of this therapy.

150 min 5900,-

## Private whirlpool tub with panoramic view

Enjoy a 45-minute exclusive reservation of a whirlpool tub with a panoramic view of Mikulov. Relax in privacy with a delightful bottle of Prosecco and refreshing water to indulge in a unique wellness experience.

45 min 2700,-

## Sky wellness under the stars

Step into "Sky Wellness under the Stars" with our 120-minute private reservation. Enjoy rooftop wellness featuring a pool, sauna, steam room, and whirlpool, all in the tranquility of your own privacy. We include a bottle of Volařík sparkling wine, a refreshing fruit bowl, and water to enhance your unique relaxation experience.

Reservations are available daily from 10:00 PM to 12:00 AM, subject to availability, and are not intended for groups.

120 min 10000,-